



# Englewood on the Palisades Charter School

## April 2017 Breakfast Menu

Healthy Meals Grow Healthy Kids!

### Get a Healthy Start to Your Day with School Breakfast!

Did you know, if you are approved for free or reduced lunch, you are also eligible for breakfast!

#### Student Breakfast

\$2.00

#### Adult Breakfast

\$2.50

#### Reduced Breakfast

\$0.30

take time for  
**school**  
BREAKFAST



### Nutrition News

This month, we are challenging you to focus on

*"Eating the Colors of the Rainbow."*

You can do this by choosing a variety of fruits and vegetables from every color found in the rainbow.

More colors equals more variety, and more variety equals more ways to feed your body the healthy foods that help you feel good and thrive!

MASCHIO'S MAIN EVENT

Monday	Tuesday	Wednesday	Thursday	Friday
3 Half Day Breakfast Served	4 Breakfast Served	5 Breakfast Served	6 Breakfast Served	7 Breakfast Served
10 Breakfast Served	11 Breakfast Served	12 Breakfast Served	13 Half Day Breakfast Served	14 School Closed
17 School Closed	18 School Closed	19 School Closed	20 School Closed	21 School Closed
<b>Spring Recess! School Closed</b>				
24 Breakfast Served	25 Breakfast Served	26 Breakfast Served	27 Breakfast Served	28 Breakfast Served



### Available Daily:

- Bagel with Cheese
- Assorted Cold Cereals with Graham Crackers
- Mini Pancakes with Syrup
- Mini French Toast with Syrup
- Pop-tarts Single with Graham Crackers

**All entrées served with Fruit, 100% Juice, and Milk Selection**



Check us out on Facebook : Maschio's Food Services, Inc.

MENU SUBJECT TO CHANGE



Please Visit: [www.maschiofood.com](http://www.maschiofood.com)

"This institution is an equal opportunity provider"